



learning today - leading tomorrow

Unit Aims

| CMI Code | Unit Title | Unit Aims |
|----------|---|---|
| 716 | Strategic Approaches to Mental Health and Wellbeing | The aim of the unit is for leaders to understand the impact of mental health and wellbeing on organisational performance. Leaders will critically assess the complexities of managing wellbeing and will appraise contemporary approaches for the creation of healthy work systems. The unit culminates in leaders being given the opportunity to propose a series of recommendations to create and sustain a positive culture of mental health and wellbeing within an organisational context. |